

# Lake Cargelligo Central School News

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TERM 3 WEEK 4

12th August 2022

## Principal Message

Dear Parents and Caregivers,

At our school we follow our Lake Way values of Respect, Responsibility and Learning to promote the safety and wellbeing of all students. We are committed to providing safe, supportive and responsive learning environments for everyone. All NSW public schools' students are expected to:

- *Respect other students, their teachers and school staff and community members*
- *Follow school and class rules and follow the directions of their teachers*
- *Strive for the highest standards in learning*
- *Respect all members of the school community and show courtesy to all students, teachers and community members*
- *Resolve conflict respectfully, calmly and fairly*
- *Comply with the school's uniform policy or dress code*
- *Attend school every day (unless legally excused)*
- *Respect all property*
- *Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools*
- *Not bully, harass, intimidate or discriminate against anyone in our schools*

As a school we take strong action in response to behaviour that is detrimental to self or others or to the achievement of high-quality teaching and learning. For more information, please see the attached leaflet regarding anti-bullying in NSW schools.

I felt absolutely privileged to attend our school P&C meeting this week to hear reports about all the amazing things taking place across our school and listen to feedback and new ideas about how our school can further improve.

We openly welcome feedback and ideas from our parent and community body about our school as we value the importance of this partnership in strengthening the relationship between school and home, leading to improved student outcomes. Please consider attending our next P&C on Tuesday the 6<sup>th</sup> of September and share in the great conversations about our school!

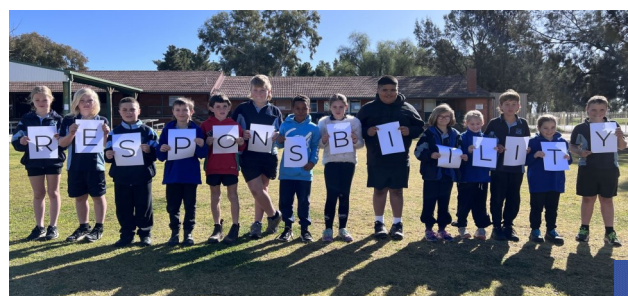
Our capital works began this week in Secondary which is exciting! This will involve the existing secondary sport shed and Year 12 home turning into one large Wellbeing Hub space with the wall in between being removed. We will utilise this space for student wellbeing activities, supporting initiatives we currently run across our school.

The new Year 12 homeroom will also be developed upstairs next to the Career Hub. You may have also noticed two large sports sheds which have been constructed in both Primary and Secondary areas to enable easier access to equipment for all staff.

Take care and have a safe weekend,

Eliza Cooper

Relieving Principal



## Primary Besties Week 4



Jock

## KROP 2022

At 7.15am on Wednesday morning, 20 kids from Year 1 to Year 6 left to go and perform our KROP routine at Griffith Regional Theatre. We arrived at Griffith and came straight to the theatre and got everything set up. We had a dress rehearsal at 12.30pm. We were all really nervous.

After our amazing dress rehearsal, we did some crazy relays and played lots of Infinity Tips. We had Dominos pizza for dinner. We went back to the theatre and played board games. We learnt and played a new card game and a new song to clap with the others which was really fun.

We then got dressed and before we knew it we were on stage and performing. It was amazing!

As the people who got to use the microphone, we all had a blast.

At the end of the day, we went to some cabins at the caravan park. It rained all night but we got to sleep at a reasonable time.

Before we knew it, it was time to go back to the theatre again. We had photos done at 11.30am and our first performance was at 12.30.

We then waited a really long time until we got called in to perform our final show. We made lots of new friends from Griffith East, Goolgowi and Yanco who were in our dressing room with us. Miss Robinson and Mrs Greenfield said "It's time to shine!".

We went on stage and the crowd was silent. By the end the crowd was roaring with excitement. After we came off the stage, we sighed with relief. We had now finished KROP!

Thank you to our incredible teachers Mr Long, Mrs Greenfield and Miss Robinson for taking us. It was awesome!

*By Molly Sanson and Charlee O'Connor*

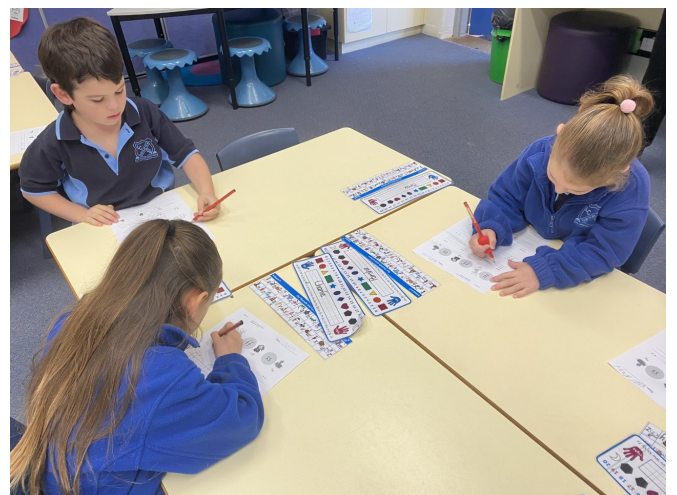




## Kindergarten Wilay

Kindergarten have been learning lots of new things. Last week, we had a visit from Luke Wighton and he played a didgeridoo and the students enjoyed this experience. On Thursday Mr York performed magic tricks to our class and the students were thinking about how the tricks were performed.

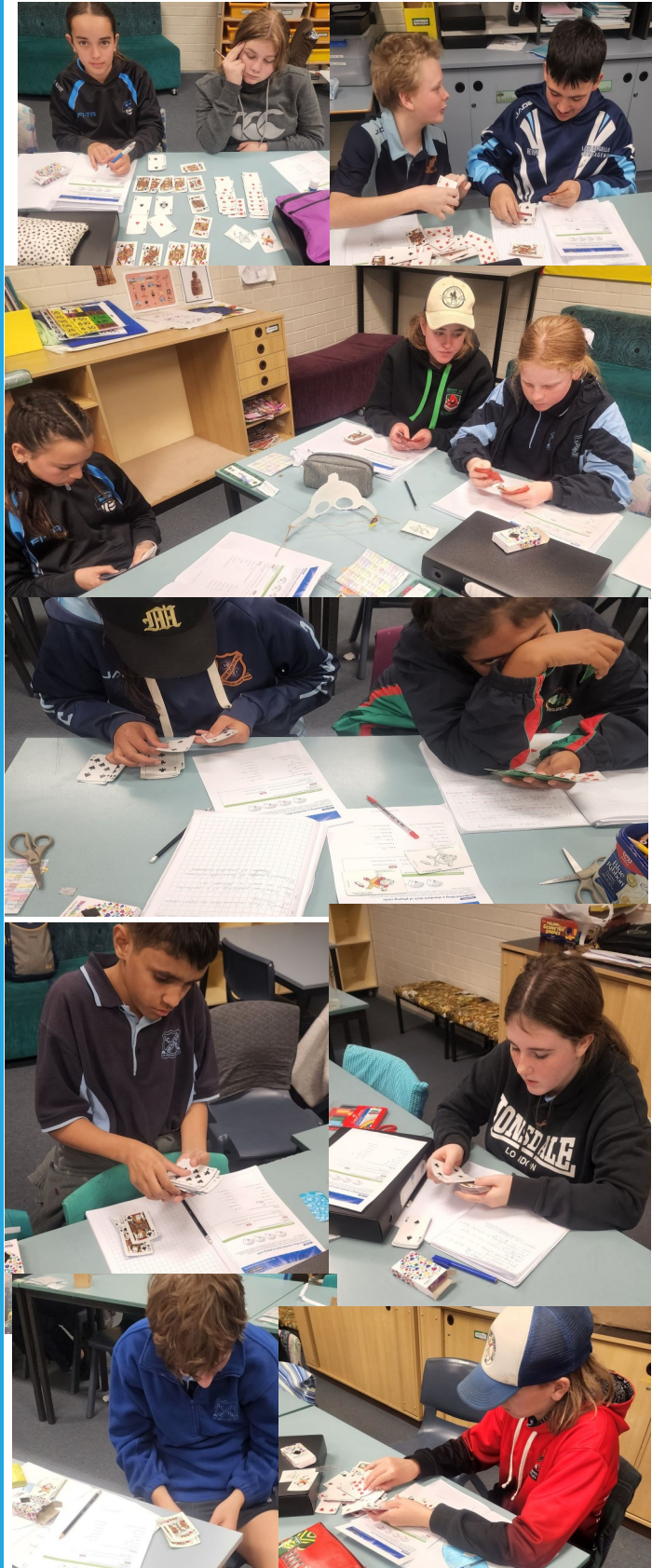
In English, we have been learning about the book Amy and Louis. We have focused on sequencing the book into beginning, middle and end.





## Year 7 Mathematics

This term we have been looking at probability and this week students got to know their playing cards a little better by completing an activity that assisted them in knowing how many of each of the various cards there were. We have also been playing Greedy Pig—which has been a huge hit.



## Year 7 Class Party

Last term year 7 farewelled Kai with a surprise class party. There was lots of fun to be had with a movie, food, hot milo, and plenty of party games, including a pinata..





# WEDNESDAY SECONDARY

## SPORT RESULTS

### Week 4

Best and Fairest Points

**Touch Football:** Matilda Porquet, Casey Hawken, Cayden Hudd, and Sara Quinn

**Slap Hockey:** Jaynie Saunders, Dallas Keen, Chase Naughton, Jordan Harris and Coden Stenhouse



**Lake Cargelligo  
Central School**



Day	Date	Time
Thursday	21 <sup>st</sup> July	11:30-12:30
Thursday	28 <sup>th</sup> July	11:30-12:30
Thursday	4 <sup>th</sup> August	11:30-12:30
Thursday	11 <sup>th</sup> August	11:30-12:30
Thursday	18 <sup>th</sup> August	11:30-12:30
Thursday	25 <sup>th</sup> August	11:30-12:30
Thursday	1 <sup>st</sup> September	11:30-12:30
Thursday	8 <sup>th</sup> September	11:30-12:30
Thursday	15 <sup>th</sup> September	11:30-12:30
Thursday	22 <sup>nd</sup> September	11:30-12:30

## **Book Week 2022**



### **Dreaming With Eyes Open**

Book Week is fast approaching for 2022 and this year we plan to celebrate in several ways.

#### ***Tuesday 23<sup>rd</sup> August: Parent and student reading sessions in the library with the P&C***

All parents are invited to visit the newly revamped library during periods 3 and 4 to enjoy reading a story with their children.

#### ***Wednesday 24<sup>th</sup> August: Bake a Book Cake Stall***

All students are invited to bake and decorate a cake as their favourite book character or book cover. These cakes will then be sold by the P&C to raise much needed funds to support our school.

#### ***Wednesday 24<sup>th</sup> August: Character Parade***

All students (K – 12) are invited to come to school dressed as a book character. There will be a parade of all costumes in the primary playground (weather permitting) from 2pm.

*There will also be a book fair set up in the library for parents to purchase books for their children after both the parent reading session and character parade.*



Dear Parents/Guardian,

During Term 3 a team of NSW Health Nurse immunisers will be visiting your school to continue with the following vaccines that are being offered to students in 2022:

## VACCINATION

YEARS	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6mths apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Years 10	Meningococcal ACWY vaccine	Single dose

Catch-up vaccination will also be made available for any missed doses to students that had a consent signed in 2021, include:

- Year 8 (for HPV and dTpa vaccination)
- Year 11(for Meningococcal ACWY vaccination)

If your child did not receive a consent card or has received the vaccine elsewhere or you wish to withdraw consent for any reason, please also contact Albury Public Health on 02 6053 4800 and press Option3 to discuss.

For more information about the NSW School vaccination Program, please visit <https://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

Can you help our school to purchase new high jump mats & equipment?  
[www.trybooking.com/BYHZL](http://www.trybooking.com/BYHZL)

**COOKBOOK & 2.5L Black oval Thermomix server FREE**

**SPECIAL OFFER\***

**LC CS**  
 FAIR PLAY TO ALL  
 LAKE CARDELLIGI CENTRAL SCHOOL  
 Your P&C  
 Stronger Together

\*For this month only! Help spread the word! Only 43 tickets left!



## What is bullying?

**Bullying has three key features. It:**

involves a misuse of power in a relationship

is ongoing and repeated, and

involves behaviours that can cause harm.

**Bullying** can also occur online. This is known as cyberbullying, which is using technology such as the internet or mobile devices to bully someone. It can include sending abusive texts and emails, posting hurtful messages and putting inappropriate comments on pictures of others.

**Bullying** of any kind is not acceptable in NSW schools, whatever the reason. Schools are committed to working with parents, staff and students to prevent bullying and respond quickly and effectively if it does occur.

## What can you do if your child has been bullied?

### **Listen calmly and get the full story**

Your child needs to know that they are being heard. Their feelings matter and their concerns should be taken seriously. Encourage your child to talk about what happened. Explain to your child that reporting the bullying is okay.

After listening to their concerns, ask questions to get more details if needed: who, what, where, when.

### **Reassure your child that they are not to blame**

Children may blame themselves and this can make them feel even worse. Say supportive things like, 'That sounds really hard to deal with', or 'I'm so glad you told me. You should feel safe at school'.

### **Ask your child what they want to do – and what they want you to do**

It is important to help your child to find their own solution as this will help them feel that they have some control over the situation.

If your child is not in any immediate danger and they feel confident, they could try these strategies:

Ignore the bullying.

Turn their back and walk away.

Act unimpressed or pretend they don't care.

Say "No" or "Just stop!" firmly.

If the bullying happened at school, support your child to tell a teacher. If your child wants to talk to someone other than the school or you think added support would help, you could tell them to go to the Kids Helpline website. They can also call for free on 1800 55 1800.

### **When do I contact the school?**

Your child may be reluctant for you to speak to school staff. Discuss the idea and reassure them that the school would want to know and is able to help.

If needed, make an appointment to meet with your child's teacher. You could also ask to talk with the principal.

Contact the school immediately if you have a concern about your child's safety.

### **Support for parents and carers**

Kids Helpline also has a parent line with trained teams who provide support, information and counselling for parents of children aged 0-18 years. You can call them for the cost of a local call from 9am to 9pm Monday to Friday and 4pm to 9pm on weekends on 1300 1300 52.

### **Telephone interpreter service**

If you would like to contact the school or Parent Line NSW and need assistance with English please call the telephone interpreter service on 131 450, tell them what language you need and ask the operator to make the call. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.